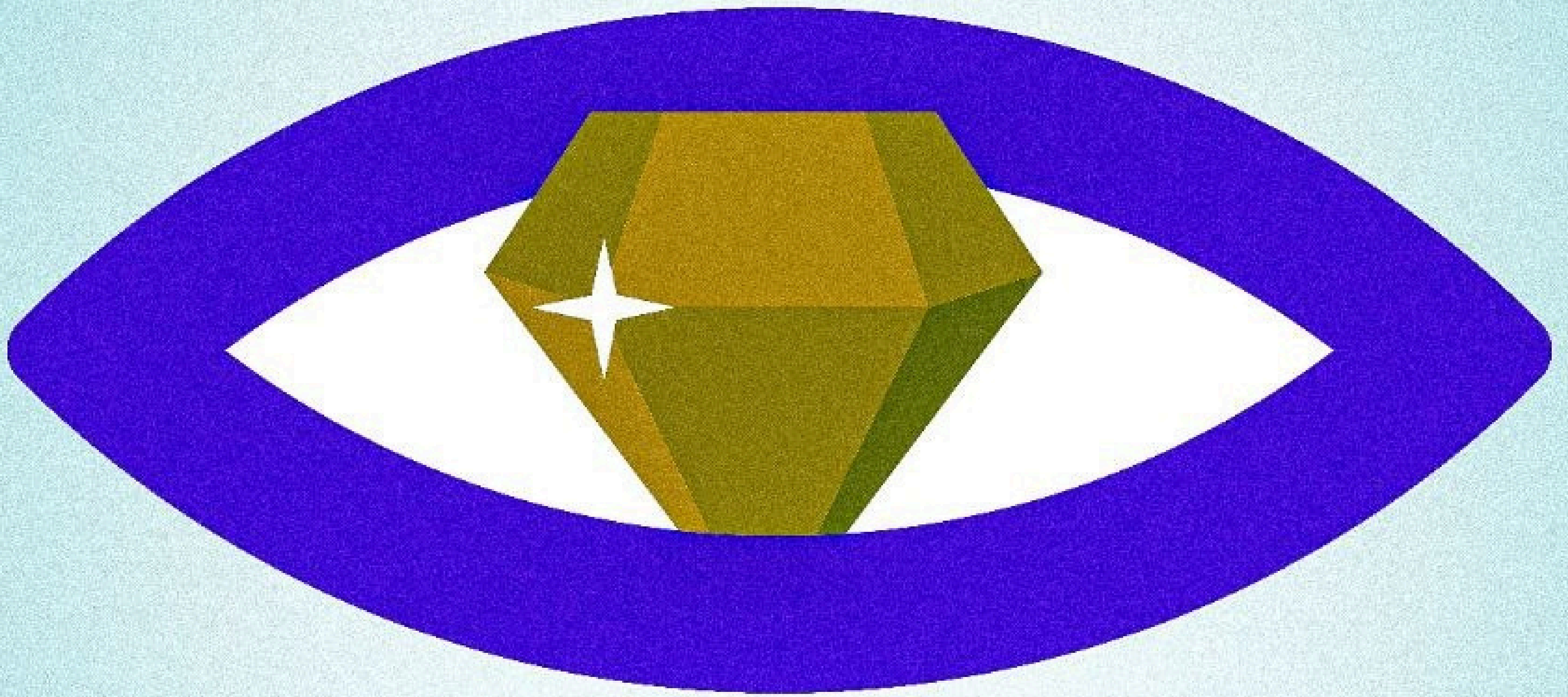


VICTOR OJO



BE FOCUSED
& VALUABLE

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LET'S CONNECT

Hello and Welcome!



Grace and peace be multiplied to you.

I am Victor Ojo, a child of God and servant of our Lord and Savior, Jesus Christ called to raise disciples who raise disciples by shining forth the wisdom and power of God, through teaching, evangelism and discipleship.

I write these words with all humility and prayerfulness trusting God to by His Spirit in us empower us to understand and apply these godly wisdom in our daily lives without fail. Please be ready to take intermittent pauses to reflect on questions asked and to do the activities given after every chapter without procrastinating.

I pray that these words will bless you and transform your life as you read through.

Enjoy!

CHAPTER ONE

Don't Deceive Yourself

Focus is not the absence of distraction but the ability to ignore distractions and channel attention into one purpose at a time. Focus is both a divine gift given to us by God and a skill that needs to be honed. We see the gift of focus displayed by the eagles and the lion when they are in the process of hunting their prey. In such instances, we see a connection between focus and desire, a desire fueled by hunger. The predator's desire to eat its prey fuels its focus.

In this book, we will be looking at how channeling your desire towards being valuable enables you to use your gift of focus in a more productive manner. Being valuable means possessing high worth, either through significant monetary value, great importance, or usefulness. It describes something or someone that is esteemed, helpful, and provides benefits, such as skills, knowledge, or support. Valuable items or people are often considered rare, crucial, or worthy of respect.

Before we proceed, I must establish that God considers your life valuable and precious regardless of your race, ethnicity, actions, and inaction. This perception of God about you is constant, and you must first find your identity rooted in the dependability of God instead of people's opinions of you. So ask yourself, "What is God's definition of me being valuable?" Receiving an answer to this question sets you on the path to success and fulfillment. By understanding the answer to this question, you will realize God's purpose for your life. Miles Munroe often says that when the purpose of a thing is unknown, abuse is inevitable. In other words, learning about and practicing focus and being valuable without

first knowing God's purpose for your life is like spending years climbing a ladder only to realize it was leaning against the wrong wall.

The greatest threat to your progress isn't a lack of opportunity; it is the subtle art of self-deception. We often wear our "busyness" like a badge of honor, convincing ourselves that because we are moving, we must be advancing. But movement without direction is just a treadmill and in the wrong direction is a waste of time and resources. To be truly valuable, you must first be truly honest with yourself. Are you on the path God wants you to be on?

The good news is that God is faithful. It is never too late for Him to reroute you onto His path for your life, even if you have been journeying on the wrong path. So take a moment to prayerfully reflect on your life—what is God's purpose for your life? Are you current with God's timing for your life? Is this where you should be now according to God's calendar? What truly interests you AND makes you valuable?

Aligning with the Divine Calendar

Self-deception thrives in a crowded schedule. It is easy to hide a lack of purpose behind a mountain of emails, meetings, and errands. Efficiency is doing things right, but effectiveness is doing the right things. If you are becoming an expert at a task that God never asked you to perform, you aren't becoming valuable; you are becoming distracted. Value is birthed at the intersection of your unique skills and God's specific assignment for this moment. Now ask yourself, "Am I running toward a goal, or am I just running away from the stillness that would force me to confront my lack of direction?"

Many people live by Chronos (the ticking of the clock), but God operates in Kairos (the appointed time). Staying focused requires you to ask: “Is this where I should be according to God’s calendar?”

Not being in sync with God’s calendar often looks like either trying to force a harvest in a season meant for planting or staying in a season that God has already closed because it feels safe.

“To everything there is a season, A time for every purpose under heaven.”

— Ecclesiastes 3:1 (NKJV)

To stay correctly focused, you must discern your current season. If you are in a season of hiddenness (preparation), don't deceive yourself into thinking you are failing because you aren't yet in the spotlight. Maximize the season to grow and invest your time and attention in things that make you valuable. If you are in a season of impact, where people are already being impacted by your expertise and wisdom, be diligent and go all out without restraining God. The more you yield, the more He will use you for His glory.

The Value Equation: Interest + Impact = Value

What truly interests you? Does that interest make you valuable to others? Self-deception often leads us to pursue passions that are purely self-serving. However, your purpose is almost always beyond you. True value is not measured by what you possess, but by the impact you leave on the lives of others. When your focus shifts from "How do I look?" to "How can I serve?", your value becomes undeniable.

“Look carefully at how you walk, not as unwise but as wise, making the best use of the time, because the days are evil.”

— **Ephesians 5:15-16 (ESV)**

Reflection Exercises

- **The Audit:** List your top five daily activities. Next to each, write whether it contributes to your God-given purpose or if it's just noise.
- **The Kairos Check:** Describe your current season in one word (e.g., Planting, Pruning, Harvesting, Waiting, Growing). Are your actions aligned with that word?
- **The Impact Test:** Who benefited from your work this week? If the answer is "only me", it's time to recalibrate.

CHAPTER TWO

THE TABLET EFFECT

Chapter 1 was about finding the right direction, and chapter 2 is about building the road. You cannot stay focused on a blurred image. Without a written plan, your purpose remains a wish; with a written plan, it becomes a mission.

The Prophet Habakkuk in Habakkuk 2:2 was given a profound administrative command for a spiritual vision: "Write the vision and make it plain." He wasn't told to just think about it or pray about it but to document it so clearly that someone could read it and immediately start running with it.

There is a neurological shift that happens when a pen hits paper. You move from mere imagination to clarity. Writing your goals down forces you to clarify vague desires into concrete objectives. Habakkuk 2:2 says to write it so that he who reads it may run. Clarity will fuel your desire to run. To run is to take immediate action rather than linger on waiting for the perfect time to take the steps God is leading you to take. God appreciates it when people take the initiative to just dive into obeying His instructions and starting with what they have rather than wait to have everything they need before they start. If you have God's word, you have all that you need. God's word has the creative power to bring every other thing you need your way when it mixes with faith and obedience in your heart.

Set Daily, Weekly, and Monthly Goals

Focus is lost when we try to swallow the whole elephant at once. To stay valuable, you must break your vision down into realistic and measurable tasks.

Frequency	Focus	Purpose
Monthly	The Milestone	This is the big win for the month. Ensure this goal keeps you aligned with God's purpose for the season.
Weekly	The Strategy	Sunday evening, look at your monthly goal. What 3-5 things must happen this week to hit that milestone?
Daily	The Execution	What are the three non-negotiable tasks to work on today?

Use the Rule of Three. Try not to set more than three major goals for a single day. Over-scheduling is a form of self-deception that leads to a sense of failure. It is wise to pace yourself. Habakkuk 2:2 implies that the vision is a reference point. You don't just write it once and tuck it away; you keep track of it. Tracking is the only way to measure if you are actually current with God's timing.

Every Friday afternoon, spend 15 minutes reviewing your tracker. *What did I finish?* (Celebrate the win). *What did I miss?* (Analyze the "Why". Was it a distraction or a lack of discipline? Adjust accordingly).

“Suppose one of you wants to build a tower. Won’t you first sit down and estimate the cost to see if you have enough money to complete it?”

—Luke 14:28 (NIV)

God does not expect you to do everything; He expects you to do what He assigned to you. A realistic goal is a sign of humility. It acknowledges your human limitations and sets you up for walking in faith. God has given you finite time and attention span, which are the currencies of focus. He expects you to steward them by planning adequately. Plan your day, week, and months, but leave room for divine interruptions. Be flexible with the goals that you set as you do your planning prayerfully. I recommend spending the first couple hours of your day in God’s presence as you head into the day. Also, it is important to make out time for rest, family, work, and personal development activities.

Activity: The Tablet Setup

To put this chapter into practice, create your own Tablet today:

1. The Master List: Write down the one major thing you want to achieve this month.
2. The Weekly Sprint: Identify the sub-tasks needed for this week.
3. The Daily 3: Write down the three things you will do tomorrow.
4. The Tracker: Use a simple notebook or a digital tool (like Google Keep or a habit tracker) to check these off. The physical act of checking a box releases dopamine and builds the momentum for the run.

CHAPTER THREE

LESS IS MORE

In the economy of God's kingdom, more is not always better. We often operate under the delusion that if we do more, we will be more. However, staying valuable requires a shift from volume to value. Sometimes, less is more!

The Pareto Principle, or 80/20 Rule, suggests that a minority of your efforts (20%) leads to a majority of your results (80%). This means that 80% of what you do during the day likely only contributes to 20% of your actual value. Most of our stress comes from the "trivial 80" or the "trivial many" activities, while our success comes from the "vital 20" or the "critical few" activities. You don't need more time; you need more focus on the high-impact 20%. When you channel your attention here, you create a multiplication effect.

The story of Martha and Mary in Luke 10:38-42 is a biblical case study of the 80/20 rule. Martha was distracted with much serving. She was working hard, she was being nice, and she was being productive in a traditional sense. But Jesus corrected her for doing the right thing at the wrong time.

“Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

—Luke 10:41-42 (NIV)

Martha was focused on the 80% (hospitality, chores, appearances). Mary focused on the 20% (sitting to listen to Jesus). Jesus didn't say Martha's work was evil; He said it wasn't "needful" for that moment. I have experienced moments when saying a short prayer or taking a short nap increased my productivity towards finishing up a task in a shorter time as compared to other times when I either focused on doing tasks without praying or resting. You have to identify the 20% of your activities that contribute to 80% of your value and success and then channel more time and focus into them. I often recommend delegating the other 80% activities if you can so you have time to focus on the 20% highly impactful activities.

Identifying Your One Thing

To stay valuable, you must be able to distinguish between what is "urgent" and what is "important." The "one thing" is the task that, if completed, makes you significantly closer to your purpose fulfillment. Look at your Tablet from Chapter 2. Ask yourself: *If I could only do one thing today to impact people's lives and fulfill God's purpose, which would it be?* That is your 20%. Once you identify the 20%, you must protect it. Do not give your "one thing" the leftovers of your day; give it your first fruits.

The Bible often speaks of giving God the first fruits of the harvest. Practically, this means giving your peak mental and spiritual energy to your most important tasks. If you spend your morning (your peak energy) scrolling on social media, you will have almost nothing left for your 20% deep work. Identify your peak productive time. For most, this is the first 2-4 hours after waking. Reserve this time for the "one thing." Do not check social media or news until the "needful thing" is done.

Activity: The 80/20 Filter

Apply this filter to your current week:

1. The List: Write down everything you did yesterday.
2. The Highlight: Circle the two items that actually moved you closer to your monthly goal or impacted someone's life.
3. The Cut: Look at the uncircled items. Which of these can be delegated, delayed, or deleted to make room for more Mary moments?
4. The First Fruit: Tomorrow morning, before you do anything else, spend the first 60 minutes on your one thing.

CHAPTER FOUR

CUT OFF DISTRACTIONS

In the previous chapter, we identified the one thing. In Chapter 4, we will learn how to protect it. We live in an attention draining economy where every app, notification, and person is competing for your focus. To stay valuable, you must move from a state of constant availability to a state of deep work. Focus is not just about what you do; it is defined by what you choose not to do.

We often view availability as a virtue, but Jesus modeled a different lifestyle. Despite the desperate needs of the crowd, he did not stay constantly accessible. He understood that to remain effective in His mission, He had to physically and mentally sever ties with the noise.

“But Jesus often withdrew to lonely places and prayed.”

— Luke 5:16 (NIV)

If the Son of God required withdrawal to stay aligned with His Father’s purpose, it is arrogant for us to think we can stay focused while remaining constantly available. Withdrawal isn’t an escape from work but the positioning for valuable work.

Deep Work is a term coined by Cal Newport, describing the ability to focus without distraction on a cognitively demanding task. It is the kind of work that creates real value and pushes your abilities to their limit. Shallow work consists of logistical-style tasks (emails, social media, and chores) that can be performed while distracted. Shallow work keeps you

busy while deep work keeps you valuable. You must create a sacred boundary around your deep work sessions. This could involve putting off your phone, closing unnecessary tabs, and wearing headset to signal others that you are unavailable.

Steward Your Focus

God designed your body with a specific efficiency rhythm. Stewardship includes managing your biological energy, not just your time. Identify when your brain is most alert. For some, it is the early hours of the morning; for others, it is late at night. Channel your energy into your 20% (from Chapter 3) during these peak times. Do not waste your highest mental capacity on shallow tasks like checking notifications. Use your low efficiency times for administrative tasks, and guard your peak efficiency times for creative or strategic work. Distraction is often the result of looking backward or sideways. Paul gives us the blueprint for a distraction-free mindset in his letter to the Philippians and Corinthians.

“Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus”

— Philippians 3:13-14 (NIV)

You cannot advance forward if you are constantly dwelling on your past success/failures or worrying about the opinions of others or comparing yourself with others. Focus requires a radical forgetting of everything that does not pertain to the goal at hand. To stay focused, you have a responsibility to choose to not be distracted by your past or by intimidation from comparing yourself with other people.

“We do not dare to classify or compare ourselves with some who commend themselves. When they measure themselves by themselves and compare themselves with themselves, they are not wise. We, however, will not boast beyond proper limits, but will confine our boasting to the sphere of service God himself has assigned to us, a sphere that also includes you.”

— 2 Corinthians 10:12-13 (NIV)

Activity: Building Your Bunker

To master Chapter 4, you must build a Focus Bunker for your daily work. The components of a Focus Bunker include the following:

1. **Digital Fasting:** For at least 90 minutes a day, put your phone in another room or away from you. A phone that is face down still occupies brain real estate.
2. **The Notification Audit:** Turn off all non-human notifications. If it isn't a person needing an urgent answer or information that would make you more valuable, it doesn't deserve a buzz in your pocket.
3. **Environment Design:** Create a physical cue that you are in Deep Work mode, such as putting on headphones, sitting at a specific desk.
4. **The "One Thing" Block:** Schedule your peak time on your calendar as a recurring appointment with yourself. Treat it as a meeting with a king.

CHAPTER FIVE

CULTIVATE EXCELLENT CHARACTER

Skills can get you to the top, but character will keep you there. An excellent attitude is the fragrance of your work; it determines whether people want to open doors for you or close them. Most people are reactive: they are kind to those who are kind and cold to those who are cold. To be truly valuable, you must be proactive. Your attitude should be dictated by your values, not just your circumstances.

“And as you wish that others would do to you, do so to them.”

— **Luke 6:31 (NIV)**

Notice Jesus doesn't say you should treat them as they actually treat you. He says to treat them as you wish to be treated. An excellent attitude is a decision you make before you ever walk into the room. It is a commitment to being a thermostat (setting the temperature) rather than a thermometer (just reflecting it).

Character vs. Reputation

Another major distraction to staying focused is the people-pleasing trap. We often spend more energy managing our reputation (what people think of us) than building our character (who we actually are). Reputation is a shadow; it's what people see when the sun is out, while character is the substance; it's who you are in the dark, when no one is looking.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters". — Colossians 3:23 (NIV)

Don't be distracted by the noise of opinions. If you take care of your character, God will eventually take care of your reputation. When you work "...as for the Lord" (Colossians 3:23), the only opinion that matters is God's. People's opinions can bring you encouragement when they are praiseworthy but can also bring you discouragement when they are more of a criticism or negative comment. Therefore, you cannot use people's opinions as a yardstick for driving your progress. This doesn't mean you should totally discard people's feedback. You can always embrace feedback, especially constructive ones, towards being a better person. Let people's opinions be a propeller instead of a distraction against you fulfilling God's purpose for your life.

For instance, we often confuse being "nice" with being "kind". However, there is a profound difference that affects your value and your focus. Being nice is often motivated by seeking to be liked or avoiding conflict at all cost, which leads to having weak boundaries, burnout, resentment, being a hypocrite, and busyness instead of productivity. Being kind, on the other hand, is often motivated by seeking other people's highest good while maintaining your purpose, which leads to giving honest feedback, firm boundaries, and increased productivity. To be valuable, you must be a person of truth, not a person of convenience.

Another instance is confusing "confidence" with "pride." Confidence is knowing what God has put in you and being ready to use it. Confidence is rooted in God. It is the belief that you are equipped for your purpose because God called you and gave you the gifts. It is stable because it doesn't depend on you being perfect; it depends on God being faithful. Confidence allows you to take risks and be decisive. Confidence comes from a healthy sense of your identity; it's about doing what God has told

you to do and becoming what He has called you to be. Confidence is being secure enough to say, "I don't know, but I can learn." Confidence seeks to impact lives. It focuses on the mission and the value being delivered to others.

"So do not throw away your confidence; it will be richly rewarded."

— Hebrews 10:35 (NIV).

Although the confidence being referred to in the context of Hebrews 10:35 is the hope of eternal rewards that makes us set our confidence on heavenly things rather than the temporary earthly rewards like people's praise or honor.

However, pride is rooted in self. Pride is thinking you developed your abilities yourself and no one is better than you. Pride makes you unteachable and blinded to your own errors. Pride can be a significant hindrance to attaining success. Pride makes you distracted by yourself through your ego, accomplishments, and strengths. Pride is a self-made illusion. It is the belief that your value comes solely from your own intellect, hustle, or status. Because it is self-sourced, it is fragile and requires constant validation from others. Pride feels threatened by correction. A proud person views advice as an attack and feels they must always be the smartest person in the room to maintain their value.

"Pride goes before destruction, a haughty spirit before a fall."

— Proverbs 16:18 (NIV)

Activity: The Attitude Audit

To cultivate excellence this week, practice these four shifts:

1. The Audience of One Check: Before starting a task, say: "I am doing this for the Lord, not for man." Notice how the quality of your work changes.
2. The Kind/Nice Filter: When faced with a request that distracts from your goals, ask: "Am I saying yes just to be nice (liked), or is it kind (the best for everyone) to say no?"
3. The Mirror Reflection: If someone is rude to you today, consciously choose to respond based on your character, not their behavior.
4. Decisiveness Training: Practice the art of being decisive and saying no politely. Instead of "I'll try to be there" say "I cannot attend, but thank you for the invite." Clear is kind.

CHAPTER SIX

CREATE SYSTEMS

This chapter focuses on encouraging you to create systems that KEEP you accountable and motivated. Vision provides the destination, but systems provide the tracks. Systems will always work when discipline fails. Many people fail to stay valuable not because they lack desire, but because they rely solely on motivation or discipline. Motivation is a feeling; systems are a structure.

Think of your vision as a high-speed train. Without tracks, even the most powerful engine will sink into the mud. Systems are the recurring processes that automate your focus. Use tools like Google Calendar and alarms not just to remember appointments but also to protect time. By scheduling your Deep Work and your Sabbath, you move from reactive living to being proactive. A good system assumes that your willpower will eventually fail. Set reminders and forcing functions that prompt you to stay on task so you don't have to decide to be productive but simply follow the prompt.

Mentorship and Accountability

True value is rarely developed in isolation. We often deceive ourselves about our own progress; we need another iron to sharpen our own iron. A mentor is someone who is already where you want to be and has passed through what you are going through. In mentorship, you listen to their wisdom, watch their lifestyle, and most importantly, are accountable to them about your failures and progress.

“Iron sharpens iron, and one man sharpens another.”

— **Proverbs 27:17 (NIV)**

For one piece of iron to sharpen another, there must be friction, heat, and contact. Accountability feels uncomfortable at times. It involves someone calling out your procrastination or your nice but not kind behavior. If there is no friction, there is no sharpening. True accountability isn't about being policed but about having someone who cares enough to challenge your excuses. A mentor is effectively a time machine. They have already traveled the road you are currently on. By listening to them, you avoid the years of wasted effort that come from making mistakes they have already mastered.

Mentorship involves a good mix of submitting to someone ahead of you who provides wisdom and having someone at your level who provides daily encouragement and healthy competition. Being a mentor to someone coming behind you can also be one of the best ways to stay focused on your values.

Practicing The Sabbath

The greatest threat to staying valuable is burnout. We often fall into the trap of believing that if we stop working, our world will stop spinning. The Sabbath is a radical act of trust. Sabbath is the weekly declaration that God is the provider, not your hustle. By resting, you acknowledge that your value isn't just in what you do but in who you are.

“It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep.”

— Psalm 127:2 (ESV)

Research shows that cognitive performance drops significantly without periods of total detachment from work. A Sabbath recharges your

mental battery, allowing you to return to your tasks with fresh insight. Just as a computer needs a restart to clear its cache, your brain needs a Sabbath to process information and prune away the stress of the week. Most "Aha!" moments don't happen while you are staring at a screen; they happen when the mind is at rest. The Sabbath creates the space for God to drop multiplication ideas into your spirit.

The Sabbath isn't just a time of not working but a time of refreshment by just slowing down. Stop all work-related activities. This includes checking emails, planning for Monday, or even productive hobbies that feel like work. Engage in activities that restore your body and soul. This might be sleep, a long walk, or spending quality time with family. Do something that reminds you of the goodness of God like spending time in nature. Most importantly, spend quality time reading scriptures and worshipping God. Each of these restful activities provide a unique measure of rest to our soul.

In the wilderness, God provided a double portion of Manna on the sixth day so the Israelites could rest on the seventh (Exodus 16:22-26). Trust that if you give 6 days of focused work, God will provide the double portion of results so that your 7th day of rest doesn't leave you behind. This is the Multiplication. Pick a time (e.g., Friday 6 PM to Saturday 6 PM) where all devices go off. Do the "80% chores" (grocery shopping, laundry) on Day 6 so Day 7 can be truly holy (set apart). Sabbath rest is nearly impossible if you are scrolling through other people's lives. Put the phone away for the most part of it if possible.

Activity: Designing Your Systems

To stay on the tracks, implement these three structural shifts:

- **The Calendar Audit:** Open your calendar. Schedule your Deep Work for the week. More importantly, schedule your Sabbath (a 6, 12, or 24-hour block of no work)
- **The Mentor Meeting:** Identify one person you respect. Ask them if you can report your progress to them once a month. Prepare a 10-minute report on your goals from Chapter 2.
- **The Alarm Strategy:** Set Transition Alarms. For example, an alarm at 9:00 PM that signals "Screens Off" to prepare for the sleep that God gives His beloved.

CHAPTER SEVEN

PRAY FOR GOD'S FAVOR AND BLESSING

You have defined your vision, sharpened your focus, and built the systems to sustain your work. But there is a final, supernatural element that separates a successful person from a truly valuable and impactful one: The Favor of God. In this final chapter, we explore how prayer and divine blessing act as a force multiplier for your natural efforts.

Human effort is linear. We work an hour, we produce an hour's worth of results. This is an addition. However, when God's favor rests on your work, the output far exceeds the input. This is multiplication. Nehemiah was a master of the principles we've discussed. He had a goal, he wrote it down, he had a timeline, and he cut off distractions (Sanballat and Tobiah). Yet, when he succeeded in rebuilding the wall of Jerusalem in record time, he didn't credit his systems. Nehemiah's planning provided the vessel, but God's favor provided the overflow.

“And the king granted me what I asked, for the gracious hand of my God was upon me.”

— Nehemiah 2:8 (NIV)

Praying for favor is not about asking for an easy life; it is about asking for your work to have a reach that you cannot achieve on your own. Favor is what happens when God opens a door that no man can shut for you to enjoy life-changing opportunities.

"I planted, Apollos watered, but God gave the increase."

—**1Corinthians 3:6 (NKJV)**

Staying focused can often lead to a hustle culture mindset where we feel the weight of the world is on our shoulders. You plant the seed and water it (Deep Work and Systems), but God is the one who gives the increase. This removes the anxiety from your focus. When you know that God's blessing brings multiplication, you can work heartily and then sleep peacefully. You are no longer anxiously toiling but faithfully executing. It is the favor that takes a small seed of effort and turns it into a harvest that can feed thousands. This removes the pressure of making things happen and replaces it with the peace of being faithful to the process.

Planting is the initial work of setting the goals, choosing the right path, and starting the journey. Watering is the daily discipline, including the deep work, the accountability, and the consistent effort you put in. The impact and the success you will attain will be facilitated by God. Please note that God's favor does not give room for laziness. However, if you think you are the one bringing the increase, you will burn out trying to control the outcome.

Conclusion

The Godly principles mentioned in this book can only be acted upon by the empowerment of the Holy Spirit. You need to be saved or born again to be indwelt by God's spirit lest you become only a reader and not a doer of God's word. What you need to do to be saved is acknowledge your sins and repent of them by believing that Jesus died for your sins, was buried, and rose up on the third day for your justification. This is the gospel! If you believe, confess these words: "Lord Jesus, I believe that you died for my sins and resurrected the third day for my justification; I repent from my sins and confess you as my Lord; therefore, all my sins have been blotted out, and the Holy Spirit now dwells in my heart. Amen". Congratulations! You are now a child of God and on your way to living an excellent Christian life.

The next step is to grow more intimate in your relationship with God through having a Spirit-filled prayer life. If you are saved and desire to experience the baptism of the Holy Spirit with the evidence of speaking in tongues, I want you to know that the requirements for you to experience this is to first be indwelt by the Holy Spirit, which makes you a child of God, and second, to desire this experience. Now, prayerfully say these words: "Father, I thank you for the redemptive work of Jesus; I thank you for saving me and making me your child; right now, I believe that the Holy Spirit is in and upon me; I am filled with the Holy Spirit; therefore, I can pray to God in tongues, and I will pray to God with tongues now. Amen". Now, go ahead and begin to pray to God in tongues. There you go! Keep praying to God in tongues. Keep praying!

EXERCISE

Write down 5 actions you'll stop doing and 5 actions you'll start doing because of this book.

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List 5 things you learnt after reading this book

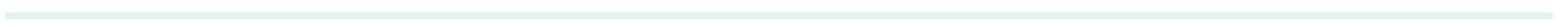
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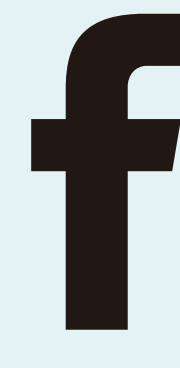
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